



# WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Fish Star	Beef Bolognaise	Chicken with BBQ sauce on the side	Roast Pork with Apple Sauce and Gravy	Sausage
<b>Carbohydrate</b>	Seasoned Wedges	Pasta with Garlic and Cheddar Cheese Bread	Noodles	Creamed Potatoes	Chipped Potatoes
<b>Vegetables</b>	Garden Peas and Sweetcorn		Fresh veg	Fresh Carrots and Broccoli	Beans
<b>Sweet</b>	Frozen Yoghurt Pot	Chocolate Crunch Cake	Fruit Crumble and Custard	Homemade Shortbread	Chocolate Fudge Cake