



# WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Cheese Pasta	Sausage and Omelette	Chicken Curry	Roast Chicken Fillet with Sage and Onion Stuffing with Gravy	Fish Finger
<b>Carbohydrate</b>	Homemade Tomato and Herb Bread	Small Hash Browns	Rice	Roast Potatoes	Chipped Potatoes
<b>Vegetables</b>	Garden Peas and Sweetcorn	Baked Beans	Naan Bread	Country Vegetables	Mushy Peas
<b>Sweet</b>	Fruit Sorbet Pot	Caramel Cornflake Cake	Saucy Chocolate Pudding	Cranberry Crunch	Lemon and Blueberry Muffin